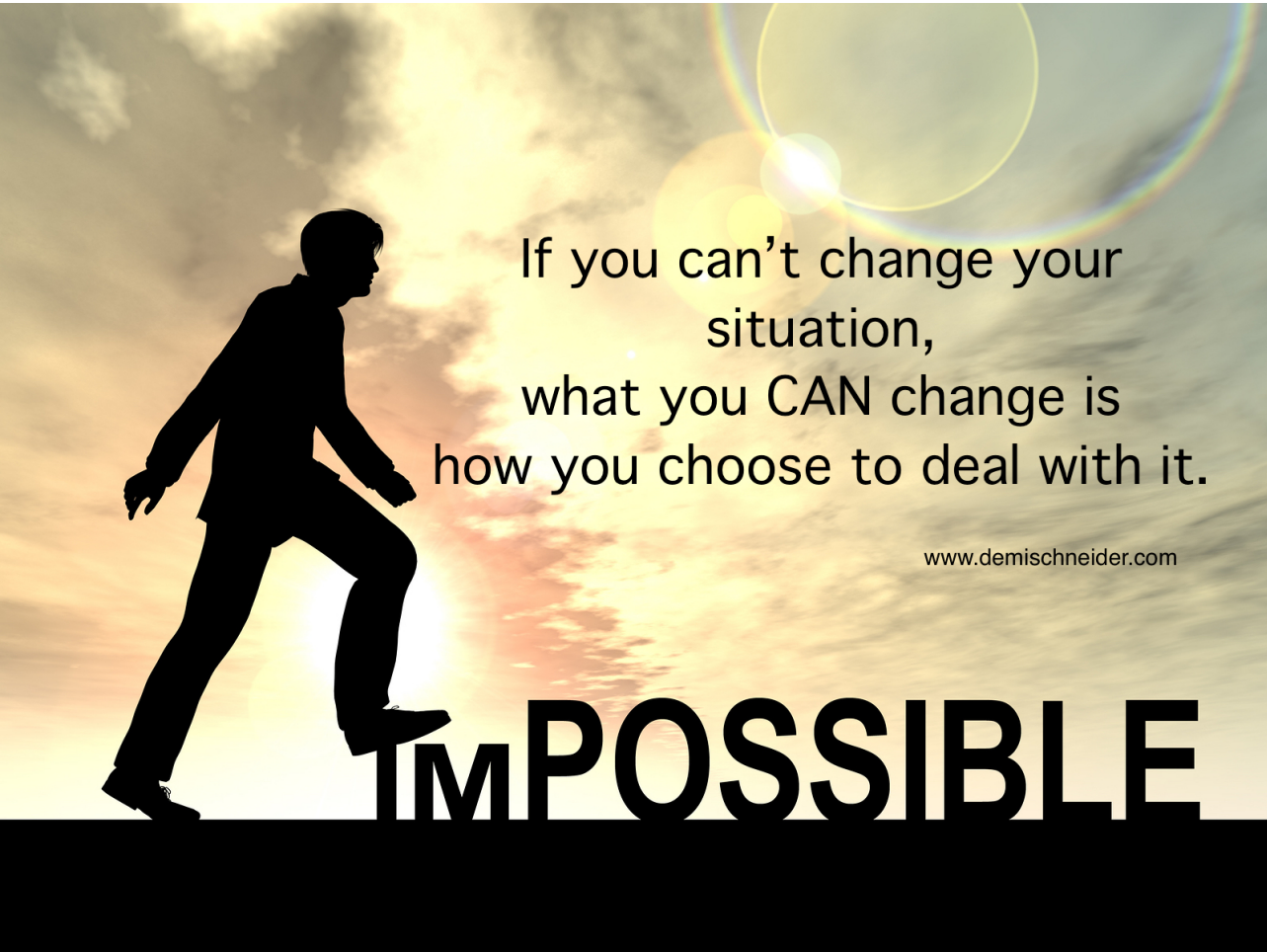


A close-up photograph of two hands cupped together, holding a bright, glowing light source. The light is very bright and creates a lens flare effect, illuminating the hands and the background. The background is slightly blurred, showing what appears to be a person's torso in a light-colored shirt.

The Gift Of Light is Always With Us.

Stop Focusing on the Darkness

www.demischneider.com

A silhouette of a person in a suit walking from left to right. The person is walking on the word "IMPOSSIBLE", which is written in large, bold, black capital letters on a black horizontal bar at the bottom of the image. The background is a bright sunset or sunrise over water, with a rainbow visible in the upper right corner. The sky is filled with warm, golden light and clouds.

If you can't change your
situation,
what you CAN change is
how you choose to deal with it.

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IMPOSSIBLE



*What the World Needs Now is LOVE:
People Letting Go of All Judgement,
to Free Up the Space to
Cultivate Acceptance, Allowing and Appreciation*

www.depressionbustingcourses.com



In every storm,
there is a **rainbow** of
hope

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How Great is Today?

I am alive . . .

*I have my sight to see the blue sky after so many
cloudy days . . .*

*I have my hearing to enjoy my daughter's laughter and
story about her day . . .*

I have heat and light and food and a warm bed . . .

And people that care about me . . .

I am blessed!

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Choose to Be Happy

Not because everything
is good

but because you see the good
in everything . . .

www.depressionbustingcourses.com

Choose to Be Happy

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Love

There is no difficulty that enough love will not conquer
no disease that enough love will not heal
no door that enough love will not open
no gulf that enough love will not bridge
no wall that enough love will not throw down
no sin that enough love will not redeem.....

It makes no difference how deeply seated may be the
trouble
how hopeless the outlook; how muddled the tangle
how great the mistake
a sufficient realisation of love will dissolve it all.....
if only you could love enough you would be the happiest
and most powerful being in the world.....

Emmet Fox